



Yeshivat Ashreinu

Rules & Guidelines for Students

2020 - 2021

Dear Students of Yeshivat Ashreinu 2020-2021 and Parents,

The following Student Guide has been compiled for you as a source of information as you prepare for your upcoming Yeshivat Ashreinu experience and for ongoing reference throughout the year. ***Please read this Student Guide thoroughly***, as it contains important and detailed information necessary to ensure that you come equipped with the proper motivation and attitude necessary for a meaningful and successful year at Ashreinu.

We have an exceptional program planned for you, one that will bring our Torah to life in ways you have yet to encounter, one that will enable you to internalize the satisfaction of giving of yourself to others, and one that will show you the many varied places and faces of Eretz Yisrael!

Students and Parents, after reviewing the Rules and Guidelines please make sure to sign the tuition agreement (attached to the same email) that states that you have reviewed and understand the Rules and Guidelines.

Especially this year, as we are living in the shadow of the Corona Virus, it is more important than ever for you to read everything here carefully. Please make sure that you understand our policies about Corona, and non-Corona, issues as clearly as possible.

As always, we are available to answer any questions and discuss any topic as we approach the start of the 2020-2021 year at Yeshivat Ashreinu. Please don't hesitate to contact us.

We wish you and your families a safe, healthy and fun-filled summer!

Rabbi Gotch Yudin, Rosh HaYeshiva

YESHIVAT ASHREINU
Israel line +972-2-547-3040

Rabbi Yudin: 201 338 5150
Lisa Alter 914 368 5161
(Not after 2pm EST - phones ring in Israel)

Mailing address: P.O. Box 606, Beit Shemesh, Israel 9910601
Campus address: Kiryat Chinuch, 13 Rechov HaMishlat, Beit Shemesh 9901338
US mailing address: Yeshivat Ashreinu, 400 Warwick Ave, Teaneck NJ 07666

Prior to Your Arrival

Tuition & Financial Arrangements

Tuition for the 2020-2021 academic year is \$27,200.

It is mandatory to become a MASA member, in order to gain entry into the country. This year, all students will be entering the country with a special MASA visa. (For more information about the MASA visa and MASA needs based scholarships, see below.)

The recommended standard tuition payment plan is as follows:

\$5,000 - Registration Fee

\$200 MASA grant* unless receiving needs based scholarship from MASA

\$4,400 due June 1st, 2020

\$4,400 due August 1st, 2020

\$4,400 due October 1st, 2020

\$4,400 due December 1st, 2020

\$4,400 due February 1st, 2021

We will not admit students to the dormitory who have not financially cleared with our office their executed tuition schedule by the beginning of the academic year.

Tuition is to be paid via credit card or post-dated checks and submitted by **July 2020**. Regardless of which payment method you choose we require that full credit card details be kept on file for each student.

For any inquiries regarding tuition, or to set an individualized payment plan please contact Lisa Alter, Director of Finance and Administration at lisa@ashreinu.org.il, or by calling 914 368 5161 (prior to 2pm EST).

All checks should be made out for the 1st of every month. Credit cards will be charged on the 1st or 15th of the month (based on your individual Tuition Agreement). If a student is not from the US, payment must be made in US dollars with a credit card. If paying tuition with checks, please make them payable to Yeshivat Ashreinu. Checks should be sent to the following address:

Yeshivat Ashreinu
400 Warwick Ave.
Teaneck, NJ 07666

If a student's payments are not up to date, as per their Tuition Agreement, the student will not be allowed to join the Yeshiva in off campus activities.

Group Flight

Our group flight, DELTA flight 234, leaves from JFK, on Sunday, August 30th, 2020 at 11:32 PM. This is a direct flight that lands in TLV on Monday, August 31st, at 5:35 PM. There is an additional option of a stop over flight, DELTA 262, that leaves from JFK on Sunday, August 30th, at 6:33 PM. There is a brief stop over in Paris, and then another flight that lands in TLV at 3:10 PM on the 31st. For detailed information regarding the group flight please contact EMES travel by visiting their website at <https://bit.ly/ashreinugroup>.

Passports & Visas

Legally in order to enter Israel, your passport must be valid for at least six months after the date of arrival in Israel. This year **we strongly advise** the students' passports are valid for 6 months past their return date (ie: December 10, 2021.) If there should be a lockdown, and passports expire, renewing them will be extremely complicated.

Students who have a parent or parents with Israeli citizenship and have not as of yet secured an Israeli passport for their son and the accompanying permit for a one-time prolonged stay in Israel must do so prior to arrival. Going through that process in Israel without easy access to official original documents such as original birth certificates and the like is difficult and costly. Please make these arrangements with your local Israeli Consulate in advance. **Students with Israeli citizenship MUST obtain their army deferral prior to arriving in Israel.**

As mentioned above, all students this year will be entering Israel on a special MASA visa. You must become a MASA member to obtain a MASA visa. Sign up at www.masaisrael.org. Further information will be forthcoming.

Medical Care

American Israel Medi-Plan Inc. (AIM) is the **mandatory provider of medical care for Yeshivat Ashreinu**. Please make sure to complete your enrollment with AIM platinum prior to your arrival in Israel at the following link - <http://www.aim.co.il>.

AIM is mandatory because an AIM doctor visits the Yeshiva three times a week, as needed, for any issues that may arise. **This year, telemedicine will also be an option. AIM offers full coverage of COVID 19.** They also have an English speaking office and a network of English speaking doctors and specialists that are here to assist you 24/7. One uninsured visit to an Israeli doctor can cost more than a year of insurance through AIM! In case of illness, students should seek the guidance of the Av Bayit or

a faculty member so that the necessary arrangements can be made for medical care. The Yeshiva will work with AIM to schedule any relevant doctor's appointments and tests.

Please inform the Yeshiva of any pre-existing medical conditions so that the Yeshiva can adequately prepare for its students' well-being. All information will be held in strictest confidence. Please be advised that we cannot prepare for, care for, or take responsibility for any conditions about which we have not been notified.

Additionally, if the student is currently taking prescription drugs please make sure you are able to come to Israel with a year's supply (extra medicine can be stored in the Yeshiva safe) or have a way of sending him refills throughout the year, as needed. **We do not recommend mailing medications to Israel.**

If this is not possible, you can check with our local English speaking pharmacist, Danny Broder of Broder's Pharmacy, to make sure your medication is available in Israel. His email is dannybroder@gmail.com. A proper paper prescription is required from your doctor and then the AIM doctor can write an Israeli prescription.

Full immunization records are required prior to arrival. These records are required not only for medical insurance but also for other voluntary programs the students may enroll in during the year. AIM provides flu shots at the Yeshiva for a nominal fee before the flu season.

Corona Virus - COVID-19

In consultation with the medical director of AIM and other medical and epidemiological professionals, Ashreinu will have strict protocols in place to ensure that all of our students remain as safe and healthy as possible. These protocols will be sent to you in a separate **Corona Virus addendum**, and will have to be signed by students and parents to ensure their compliance with all of our safety plans and precautions.

Cell Phones

TalknSave is the recommended cell phone provider for Yeshivat Ashreinu. You may browse their website at:

<https://www.talknsave.net/bundle1.aspx?linkid=5889&sid=804>

For your benefit, TalknSave has updated their terms of service. Due to Corona restrictions upon arrival in Israel, Talknsave is offering free SIM card shipping to your home address in the USA, Canada & Europe if ordered at least 14 business days prior to your departure.

We highly recommend that you check out TalknSave's early bird special:
<https://www.talknsave.net/60gb-more-2020/>

Feel free to contact TalknSave with any questions at info@talknsave.net or at 1-866-825-5672 (toll-free from USA/Canada). You can also contact our account manager (eitang@talknsave.net)

TalknSave's rates for cell phone rental and usage have been significantly reduced, and adjusted to reflect the competitive nature of the market. We are aware of the numerous choices available, but we do recommend subscribing to TalknSave. TalknSave has english speaking customer service, which has proven to be extremely helpful for students in the past.

Because safety and security are our highest priority, students are required to carry their cell phones with an Israeli sim card and number with them at all times (even if students choose to use a phone from an alternate provider) so that when necessary we can easily communicate via group text messages or calls. Regardless of which provider is chosen, every student must have the ability to receive and send whatsapp messages **and** have a local number on their phone.

Phone use is not permitted in the Beit Midrash or during class time.

Yeshiva University Program

Yeshivat Ashreinu is a member of the Yeshiva University S. Daniel Abraham Israel Program. Ashreinu students accepted to a Yeshiva University Bachelor Degree Program and enrolled in the YU Israel Program are considered YU undergraduate students and are eligible for all applicable state and federal financial aid programs. Please apply at <https://www.yu.edu/israel-program>

Touro College Israel Option

Yeshivat Ashreinu is a member of the Touro College Israel Option Program. Students admitted to Touro College who participate in the Israel Option Program may complete one year of their baccalaureate studies at Touro through the Israel Option Program at Ashreinu. For more information about admissions as well as federal and state financial aid, click here: <http://las.touro.edu/admissions--aid/>

MASA

Yeshivat Ashreinu is a MASA Israel program. MASA, a joint project of the State of Israel and the Jewish Agency, provides support to educational programs in Israel that work with students from abroad. **It is mandatory to apply to MASA, in order to obtain an entry visa to Israel this year. Additionally, MASA offers needs based scholarships. To check your eligibility for MASA scholarships, depending on your**

financial situation, visit <http://www.masaisrael.org/programs/ashreinu> as soon as possible.

Students applying for a yeshiva scholarship must complete the financial aid forms for a MASA scholarship as well. If the MASA scholarship process is not completed the yeshiva scholarship is void. Completed MASA applications must be submitted prior to the first day of academic year.

Individual Photo

If the student did not upload a recent photo of himself with their application, please do so immediately via the Yeshiva Application System or send a picture to michaela@ashreinu.org.il as soon as possible. The photograph should be one that closely reflects what you look like now, so we can identify you easily upon arrival.

Student Life On & Off Campus

Roommate Requests

Yeshivat Ashreinu dormitory rooms house 4 or 5 students per room. To promote camaraderie between all Ashreinu students, we will aim to set up each room so that every student is placed with one student whom he has requested, while the other students will be from a different school or neighborhood. Dorm rooms can be rearranged throughout the year at the sole discretion of the Yeshiva administration.

Please make sure to submit your roommate request forms (which can be found on our website) no later than August 1, 2020.

Dormitory

Our campus Av and Em Bayit, as well as our madrichim, live in our dormitories and together are sources of support, companionship and practical help for our students. All students are expected to help maintain a respectful atmosphere in the dormitory – both towards their fellow students and staff members, as well as toward Yeshiva property.

Pictures inappropriate for a yeshiva may not be displayed in dorm rooms.

TV screens, projectors, monitors, video game consoles, video game controllers and other large electronic items are not permitted in the dormitory. Cell phones, personal laptops and small personal electronic items are permitted.

While the dorm is routinely cleaned by our staff, students are responsible to keep their rooms neat. All forms of cooking are prohibited in the dorms. Every room has a dorm size fridge which the students must keep clean.

Packages

Accepting packages at the dormitory is extremely difficult. Due to security reasons the guard will not sign for and accept a package. In addition, many parents/students have had issues with import taxes on numerous items including medication. If there is an emergency and a package needs to be sent to your son please contact the office prior to posting the package. The Yeshiva is not responsible for following up on packages.

Letters can be mailed to the following address:

Student's Name
% Rabbi Gotch Yudin
1 Rechov Naftali
Beit Shemesh, Israel 99543

Room Deposit

We require each student to submit a **\$160 security deposit** by credit card before the start of the program. This deposit will be refunded at the end of the year, assuming no damage to Yeshiva property has occurred beyond normal wear and tear and no incidental expenses specific to the student were incurred.

Behavior Expectations

Drinking, smoking, e-cigarettes, juuls, vapes, gambling, clubbing, drug use, and other forms of disruptive behavior are prohibited and grounds for immediate dismissal from Yeshiva at the discretion of the administration. To maintain the integrity of the Yeshiva's environment, any student may be subject to a drug test without notice. Students who are dismissed from Ashreinu, for any reason, will forfeit the full year's standard tuition and lose most of their scholarships including but not limited to: Ashreinu, NCSY and potentially MASA.

Travel Policy

Generally, Students are not permitted to travel abroad during the academic year, except during the Pesach break. In the case of a simcha in the immediate family, parents must advise the Yeshiva administration, and students must coordinate their travel plans with a member of the Yeshiva administration in advance. If a student is receiving an Ashreinu Needs Based Scholarship, he is not allowed to travel overseas except for emergencies, Pesach and to participate in Ashreinu's optional trip to Poland. **This year, given the complexity of airline travel, assume that no travel will be permitted, even possibly for Pesach and family smachot.**

Curfew

All students must be on campus by 12:45 AM from Motzei Shabbat through Wednesday nights, and 1:15 AM on Thursday night. The madrichim take attendance at curfew to ensure that all students are safely back on campus.

Laundry

Coin-operated and credit card washers and dryers are conveniently located on campus for student use. The cost is 9 shekels for washer and 9 shekels for dryer by coins, and 10 shekels by credit card. There are also local pick up/drop off laundry services that students can use at their own expense.

Security of Belongings

We urge students to keep their belongings locked in their closets. In addition, the Yeshiva has a safe for storage of passports and other valuables. The Yeshiva does not take responsibility for any lost or stolen items.

Internet Access

WIFI access will be provided to students in the dormitory lobby during non-class or programming time, until one half-hour after curfew.

Parental Visits

Parents are encouraged, **Corona travel restrictions permitting**, to visit the Yeshiva during the academic year. Whenever possible, please plan your visits to coincide with the Yeshiva's scheduled breaks, in order to maintain the integrity of our schedule. If this proves difficult, we request that you consult with the Yeshiva administration. Please limit the time your son spends away from the Yeshiva to Tuesdays, Fridays, Shabbat, plus one other day during a week. **Parental visitation forms can be found on our website.** *(Parental vacations to Israel for scholarship students may jeopardize the students Ashreinu scholarship unless there are extenuating circumstances.)*

When inviting out large groups of students – as is fairly common when parents visit - we respectfully ask that these events take place on Tuesday evenings, Friday mornings, Motzei Shabbat, or after night seder so as not to interfere with the Yeshiva's schedule.

Shabbat

Generally, there are three different types of Shabbatot at Ashreinu. An In-Shabbat, an Optional-In-Shabbat and a Free-Shabbat. Students are expected to attend all Yeshiva In-Shabbatot as well as Shabbatonim in communities we will be visiting. On Optional-In-Shabbatot, students can decide to stay in yeshiva or spend Shabbat elsewhere. Students are encouraged to help the Av and Eim Bayit prepare the meals

on Optional-In-Shabbatot. On Free-Shabbatot, students can decide between spending Shabbat with family, Rebbeim and friends. We believe that the students' year in Israel will be enhanced greatly if they leave the yeshiva on Optional-In-Shabbatot and spend time with different families and communities in Israel. Prior to Free-Shabbatot or if leaving on an Optional-In-Shabbat, students will be required to tell us the name and phone number of their Shabbat hosts so we may reach them in case of emergency. Students are expected to represent their families and our Yeshiva with the highest middot and participation in all shabbat activities and meals both when on campus and visiting family, friends, Rebbeim and other off campus hosts. All of the above is subject to the updated guidelines of the Ministry of Health. We have added additional married campus staff to facilitate the potential requirement of additional shabbatot and chagim to be spent on campus.

Chesed Internships

The Chesed Internship program is an integral part of the Ashreinu experience. Students will be prepared for their internship both as part of the general orientation they receive at the start of the academic year, as well as via internship-specific orientations. Students will be commuting to and from their specific internships via public buses/trains, paid for by the Yeshiva. Our chesed internships will be subject to the guidelines of the Ministry of Health.

Students are expected to participate in all internship activities, and will meet regularly with our Chesed Internship Coordinator to discuss their experiences.

Magan David Adom (“MADA”)

MADA is a choice under our chesed program. This program is a tremendous time commitment for the participants. In order to offer this program the *participating students are required to pay **an additional \$650 to help defray some of the costs associated with the program.*** If the student does not complete the course or fails the exam, the costs are unfortunately still incurred. Participation in the MADA chesed option will be subject to the guidelines of the Ministry of Health.

Tiyulim

Tiyulim are an integral part of Ashreinu's educational program. It is our belief that there is no better way to appreciate the beauty of the Land of Israel than by hiking, riding, climbing and swimming through our glorious Country - from Mount Hermon at the northern tip of Israel to the Eilat Mountains in the south.

Students are expected to participate in all tiyulim. Prior to each outing, the students will be briefed with instructions specific to each trip. On all outings, students must remember that Israel's climate is hotter and often drier, and the sun is stronger than what they are accustomed to. Therefore, they must comply with the basic rules of

adequate hydration, proper attire and gear (including a water knapsack), and sun protection as set forth by the staff.

All of our Tiyyulim will be subject to the guidelines and regulations of the Ministry of Health.

Transportation within Israel

The safety and security of each student at Ashreinu is our prime concern. We therefore make the following recommendations, and request that parents review and explain the importance of compliance with their sons. Yeshivat Ashreinu cannot take responsibility for any incidents occurring during unauthorized activity.

- Bus travel is recommended and convenient. The Ashreinu campus is located in close proximity to local and inter-city bus lines. In addition, the Beit Shemesh train station is within walking distance of the campus.
- Taxi travel with licensed and registered taxi companies is another option. It is preferable to order a taxi by phone. The administration will provide the students with the phone numbers of local, reputable dispatchers.
- It is absolutely prohibited to get into a taxi that does not have Israeli license plates.
- Hitchhiking is absolutely prohibited.

Dress Code

In order to create a respectful environment for learning in the Beit Midrash and classrooms, students are required to wear proper shirts with a collar (polo shirts are fine), long “school” pants (no sweats), and shoes or sneakers (no flip-flops). On Shabbat, it is expected that students will wear a dress shirt and slacks. Piercings are not allowed.

Daily Schedule

Students are required to participate in our full educational program, including all classes, tefilot, chesed internships, and trips.

Failure to adhere to any of the above “Student Life on Campus” protocols will jeopardize a student’s academic standing (transferrable credits) and may be grounds for dismissal.

Refund Policies - Voluntary Withdrawal from the Program

Tuition Agreements must be arranged by no later than August 1, 2020 - whether you choose to pay Tuition by Credit Card or with post-dated checks. Post dated checks must be in our NJ office by August 7, 2020. Additionally, we need your credit card details on file. If you default on a payment we reserve the right to charge your card.

The \$5,000 non-refundable deposit is the first \$5,000 received for the student and is not considered part of the first or second semester tuition calculations. If a student withdraws before the beginning of the year he still owes the full \$5,000 non-refundable deposit.

If one withdraws within two weeks after the beginning of school, the \$5,000 registration is owed plus 50% of the first semester tuition.

From Sept. 14th - November 1st the \$5,000 registration is owed, plus 75% of the money for the first semester and 25% for the second semester.

From November 2nd - December 8th the \$5,000 registration is owed, plus 100% for the first semester and 75% for the second semester.

From December 9th and beyond, the \$5,000 registration plus 100% for both semesters is owed.

Please note that Ashreinu scholarships are assessed towards the second semester. Any student who leaves early for any reason forfeits his Ashreinu scholarship in full and may not receive partial payments from other scholarship sources depending on the source.

Dismissal from the Program

If a student is expelled, 100% of the full standard yearly tuition of \$27,200 is due to the yeshiva. All Ashreinu scholarships, and many scholarships from outside sources (including Masa and NCSY) are null and void.

Notice of Nondiscriminatory Policy as to Students

Yeshivat Ashreinu, Inc. admits students of any race, color, national and ethnic origin to all the rights, privileges, programs, and activities generally accorded or made available to students at the school. It does not discriminate on the basis of race, color, national and ethnic origin in administration of its educational policies, scholarship and loan programs, and athletic programs and other school-administered programs.

Packing List

Kodesh Articles

Tefillin, Talit (if applicable), 2 pairs of Tzitzit, 3 Kippot

Sefarim

Machzorim (Hebrew with English translation, most importantly for Rosh HaShana and Yom Kippur as the English-Hebrew machzorim are quite expensive in Israel)

Specific additional sefarim necessary for Yeshiva classes will be available for purchase at discounted rates on campus at the start of Yeshiva. The cost of these sefarim is generally around \$50.

Electrical Appliances

Shaver

Note: Israeli electricity is 220 V. Please do not bring items with 110 voltage. Travel converters are generally not reliable for long periods of time and can cause electrical shorts.

Bed and Bath

2 sets of sheets & pillowcases

1 good pillow

2 blankets - one summer - one winter

1 sleeping bag (please do not use this as winter blanket - it is NOT healthy)

4 bath towels

2 hand towels

Note: To save space in your luggage, many of the above items as well as other useful accessories may be ordered from Blanket Express at <http://www.blanketexpressplus.com>. Blanket Express has served our students in the past and comes highly recommended.

Clothing

3 dress shirts; 3 slacks

5 pairs of pants

10 collared/polo shirts (collared shirts are part of the Beit Midrash dress code)

4 sweaters

2 hooded sweatshirts

2 pairs of sweatpants

4 pairs of shorts

2 bathing suits

1 light jacket

1 winter jacket

1 raincoat

14 sets of underwear

1 pair of thermal underwear

16 pairs of socks (dress and white)
2 belts

Shoes

1 pair of casual shoes/sneakers
1 pair of slippers/sandals
1 pair dress shoes

Tiyulim

1 Knapsack (30 liter minimum)
1 pair hiking shoes
1 pair closed water shoes (which are comfortable and strong enough to hike with – not Crocs)
1 water bladder/hydration pack (3 liter - like a camelbak)
2 baseball caps

Miscellaneous

Sports equipment (for football, basketball, softball etc.)
2 laundry bags; 1 sock bag
A bunch of notebooks, pens and pencils
Small lock for closet
Thermos for hot drinks
Cold weather gear - if your planning on travelling to Poland
Portable umbrella

Toiletries

Hairbrush
Shampoo/Conditioner
Soap
Toothbrush/Toothpaste
Sunscreen
Deodorant
Extra pair of contact lens/glasses
Prescriptions (**written prescription from the doctor in addition to the actual medication**)
and/or over-the-counter medications used regularly by the student.

Corona Items

At least a months supply of:

Masks

Gloves

Hand sanitizer

Disinfectant alcohol wipes

Make sure to come with at least a two week supply of enough clothing, toiletries and all other items you will need for the first two weeks of Yeshiva.